



## KENTUCKY DEPARTMENT OF EDUCATION

### NEWS OPPORTUNITY

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## **KYHEALTHNOW SCHOOL HEALTH RECOGNITION EVENT** **SCHEDULED**

(FRANKFORT, Ky.) – The Kentucky Board of Education Health Subcommittee in partnership with the Kentucky Association of Health, Physical Education, Recreation and Dance is sponsoring the first ever kyhealthnow school health recognition event. It will be held, Sunday, Nov. 15 from 4:30-6:30 p.m. ET at the Embassy Suites, 1801 Newtown Pike, in Lexington.

Award-winning author and educator Dr. Dayle Hayes is the keynote speaker and will address the connection between health and learning. A growing body of research demonstrates a “learning connection” between good nutrition, physical activity, cognitive learning and academic performance in school children.

Also at the event, a number of schools, districts, projects, businesses and organizations will be recognized for their efforts to create healthier school environments in Kentucky. Those being recognized include:

- Alliance for a Healthier Generation national recognition schools
- Let's Move Active Schools recognition districts
- Baptist Health Madisonville for the Kentucky Delta Rural Health Project
- NFL Fuel Up to Play 60 Touchdown Schools in cooperation with the Southeast Dairy Association
- Northern Kentucky Independent Health Department's REACH school health incentive funds project
- Go Noodle classroom physical activity program sponsored by Passport Health Plan, Highlands Regional Medical Center, Norton Healthcare, Owensboro Health and St. Claire Regional Medical Center
- Project Fit America sponsored by Baptist Health Corbin, Hardin Memorial Hospital, Baptist Health Louisville, Baptist Health Madisonville and Baptist Health Paducah

In addition, the Kentucky Action for Healthy Kids Healthy Hero award winner will be announced. Those who plan to attend the event should register online: <https://www.surveymonkey.com/r/KAHPERDLearningCXN>.

The Southeast United Dairy Industry Association provided a Learning Connection Grant to the Kentucky Association of Health, Physical Education, Recreation and Dance to sponsor the keynote speech.

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